

FORERUNNER

37TH
EDITION



**CHASE PERFECTION
CATCH EXCELLENCE**

RAMADAN

In the month of April and May 2021, Ramadan was celebrated and done differently due to COVID-19, but still bringing joy and happiness to everyone who was part of the distribution

Ramadan Kareem



HEAT AWARENESS



- WARNING! -

Air flowing past the body can cool the body only if the air temperature is cooler than about 95 °F. If the air temperature is hotter than about 95 °F, the body can gain heat by the hot air flowing past the body. This is why use of fans (i.e., unconditioned air) in the workplace is not effective in cooling employees when the air temperature is hotter than 95 °F.



Important tips for preventing heat stress:

- Drink enough water.
- Avoid drinks that contain large amounts of sugar.
- Add some extra salt to food and drink to compensate for the loss of salt from sweating.
- Get enough sleep and rest.
- Inform your supervisor if you are feeling unwell.



Drink Enough Water

Good Urine Colour



Urine Colour when Dehydrated



MESSAGE FROM MANAGEMENT

Mr. Robby Thommy
Shareholder and Managing Director



Dear JICites,

The Holy month of Ramadan was a grand success. We were able to prepare and distribute more than 150,000 Iftar and Suhoor meals across UAE to the complete satisfaction of our customers. I would like to personally thank all of you for your hard work and perseverance for making sure everything went well.

I also really appreciate the efforts each of you have taken to stay safe and covid free the past couple of months. I am informed that most of our staff are vaccinated with Sinopharm which truly is a relief to know that my people are safe and protected.

I would like to stress on issues of the food inflation currently taking its toll on all companies around the world. It is affecting JIC as well but having strong teams to perform and deliver is a blessing. Nonetheless, we would appreciate if you can also do your part and reduce cost or expenses in any way possible. You can look at reducing wastage and the want for unnecessarily spending of things that is not required.

Furthermore, I want to inform everybody to stay safe and hydrate yourselves during the summer season where temperatures are expected to rise to 40 -55 degrees, if you ever feel light headed and dizzy please consult with your line supervisor or manager.

We look forward to forward to another quarter and we hope to see major initiatives from all of you during these trying times.

Yours Sincerely

Robby Thommy

BEST PERFORMANCE

April

GOBINDA CHAUDHARY

HOUSEKEEPING

TOK LAMA

DINING

SALEH MUHAMMAD

LOGISTICS

MURUGANATHAM

PRODUCTION

JACKSON MEICHAL

PRODUCTION

May

GOBINDA CHAUDHARY

HOUSEKEEPING

HUMAYAN KABIR

DINING

JASPAL SINGH

LOGISTICS

PAWAN BK

HOUSEKEEPING

SHARBAT ALI JAHIR

PRODUCTION

SUSHIL B.K

HOUSEKEEPING

June

ASHISH GURUNG

HOUSEKEEPING

KAWSER AHMED

PRODUCTION

MIKMAR DUNDUP

DINING

SANDIP DARLAMI

DINING

SUBRATA SARKAR

DINING

PRODUCTIVITY

The effectiveness of our employees productive effort is measured on a monthly basis.

These people excelled by scoring excellent percentage in their productivity.

Congratulations !!! Keep up the good work.

Congratulations !!!! Keep up the good work.

100%

KAMAL B.K

Production KN CLR



100%

MILON MOLLA LATE

Dining



100%

YOGENDRA SHA

Dining DN CLR



STAFF WELFARE ACTIVITY

Another fun and leisure activity was conducted for JIC staff, following Covid-19 protocols, a refreshing afternoon was spent at Yas Marina Circuit. It was wonderful time of enhancing collaboration with each others. The evening ended with a delicious dinner buffet at Yas Rotana Hotel



BIRTHDAY UPDATES



HAPPY BIRTHDAY



SUSTAINABILITY REPORT

HEAT AWARENESS CAMPAIGN



Satisfied Customer – 99.04%
EFST Passed Employees- 98.16%
Satisfied Employees- 99.40%
Employee Retention – 97.50%
Recyclable Metal /Tin –2540 Kgs
Recyclable Cartoon boxes-10300 Kgs
Recyclable Plastics-915 Kgs
Donation Packed Meals – 6225

JIC initiated Heat Stress Campaign on 23/06/2021 and explained employees about safety in Heat - including factors for heat illness, Heat stroke and protecting employees , recognizing symptoms, and first aid training. This campaign is conducted in adhering to the OSHAD SF Regulatory requirements.



A DELICIOUS SOFT DOUGH TOPPED WITH CHEESY GOODNESS, GOES PERFECTLY WITH A HOT CUP OF TEA. THIS CHEESY RECIPE WILL CERTAINLY IMPROVES THE FLAVOR OF YOUR DAY.

CHEESE MANAKISH

INGREDIENTS

- 2 1/2 cups all-purpose flour / maida
- 1 packet / 11 gms instant yeast
- 1 tbsp sugar
- 1/2 tsp salt
- 1/4 cup warm water
- 1/2 cup whole milk lukewarm
- 1/3 cup olive oil
- 1 cup mozzarella cheese shredded
- 1 cup halloumi cheese shredded
- 1 egg beaten

INSTRUCTIONS

1. Add yeast, sugar and salt to the warm water. Let it activate for 5 minutes.
2. Add water, milk and the beaten egg to the all purpose flour and mix.
3. Now add in the olive oil and knead for about couple of minutes. Cover with damp muslin cloth and let it rest for 10 minutes.
4. After 10 minutes, make 4 dough balls and roll into circles with the help of a rolling pin while dusting with flour.
5. Spread the shredded halloumi and mozzarella cheese on top.
6. Bake in a preheated oven of 180 C for about 15 - 20 minutes. Serve hot.



For your feedback, contribution, comments please email or call us:  Phone: (02) 554 5979 Fax  (02) 554 5978  Email: info@aljic.ae



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